

HOPE & HEALING SURVIVOR RESOURCE CENTER

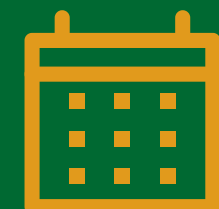
Annual Conference

Promoting Collective Healing for Collective Trauma

ABOUT THE CONFERENCE

Hope & Healing Survivor Resource Center's Annual Conference will take place this year via Zoom. This all day event boasts **6 CEs** for Ohio Counselors and Social Workers and has a myraid of the foremost speakers and educators on the topics available.

ON THURSDAY, DEC 8
2022



ZOOM



START AT
8:30 AM - 4:30 PM



DR. LISA NAJAVITS

Keynote Speaker

Lisa M. Najavits, Ph.D. is the director of Treatment Innovations and an adjunct professor at the University of Massachusetts Medical School. She was on the faculty of Harvard Medical School for 25 years and a research psychologist for 12 years. She has consulted widely on public health efforts in addictions and trauma. Her primary clinical and research interests are substance abuse, trauma, co-morbidity, behavioral addictions, veterans' mental health, community-based care, development of new psychotherapies, and outcome research. She is the author of over 200 professional publications, as well as the books *Seeking Safety* (a treatment manual for trauma and addiction), *Finding Your Best Self* (self-help for trauma and addiction); and *A Woman's Addiction Workbook*.

CONFERENCE TOPICS

Morning Plenary Session: When Trauma Meets Faith

Presented by Tia Payne, Executive Director Legacy 31

Tia Payne is the visionary behind Legacy31 founded on the scripture Proverbs 31:25. Through Legacy31 she offers faith-based crisis intervention services to victims of intimate partner violence. In March of 2021 Tia began the "She Survived Movement" offering female survivors a way to share their stories loudly and with no shame. Tia offers teen empowerment sessions focusing on "Healthy Relationships" as well as "What is Consent".

Morning Breakout Session Choice 1

The Effects of Dissociation on the Traumatic Healing Process

Presented by Jared Sparks, MA, LPCC

Dissociation is a word that is often used for many different symptoms. Understanding how to work with and treat individuals that are experiencing dissociative symptoms is vastly important in navigating trauma-informed care. Being aware of how you interact with your clients that are experience trauma-related symptoms can help in achieving integration and improving mindfulness skills.

Morning Breakout Session Choice 2

Hospital Response for Domestic Violence and Intimate Partner Violence

Presented by Lily Holderbaum, MSN,RN,SANE-A, Jane Bryan and Jamie Saal, Forensic Nurses, RN, BSN, SANE-A

Ohio Domestic Violence Network reported an increase in severity of violence and injuries during domestic violence incidents throughout the COVID-19 pandemic. As survivors present to the hospital after a domestic violence incident, it is imperative to provide survivors with a trauma-informed response. This presentation will provide information on the medical response to survivors and will utilize a case study to identify appropriate responses.

Morning Breakout Session Choice 3

Boundaries and Community: Building Relationships in the Trauma Informed Care Setting

Presented by: Mandi Pierson, LISW-S

This presentation will identify the importance of the helping relationships when working with survivors of trauma. It will introduce connections between long-term relationship building and relationships impacted by trauma. Participants will gain an understanding of relationship building as trauma-informed essential strategies. This presentation will also review how to respond to misunderstandings and challenges within the helping relationship.

Keynote Speaker Address

Dr. Lisa Najavits, author of the acclaimed *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse*

Lisa M. Najavits, Ph.D. is the director of Treatment Innovations and an adjunct professor at the University of Massachusetts Medical School. She was on the faculty of Harvard Medical School for 25 years and a research psychologist for 12 years. She has consulted widely on public health efforts in addictions and trauma. Her primary clinical and research interests are substance abuse, trauma, co-morbidity, behavioral addictions, veterans' mental health, community-based care, development of new psychotherapies, and outcome research. She is the author of over 200 professional publications, as well as the books *Seeking Safety* (a treatment manual for trauma and addiction), *Finding Your Best Self* (self-help for trauma and addiction); and *A Woman's Addiction Workbook*.

Afternoon Breakout Session Choice 1

Sexual Assault of Women of Color: Establishing an Equitable and Culturally Specific Response

Presented by Teresa Stafford, Chief Executive Officer, Hope & Healing Survivor Resource Center

Women of Color are at an increased risk for sexual assault due to factors such as race, socioeconomic status, and lack of culturally appropriate services. This presentation will connect the historical sexual assault of Women of Color and its implications for society's response to today's survivors.

Learning objectives include: (1) Gaining an understanding of the history of Women of Color, its relation to sexual violence, and the anti-oppression/anti-violence movement (2) Recognizing the implications and present-day manifestations of historical trauma on Women of Color (3) Learning ways to be trauma-informed and engage with Women of Color survivors while incorporating cultural humility.

Afternoon Breakout Session Choice 2

4 C's of Complex trauma: Cultivating Cooperative Cultural Care

Presented by Leela Karki, Samantha Salamon, Kellie Lockemer, Monicah Yonghang of Asian Services in Action (ASIA)

Culturally specific survivors may face additional complexities when trying to get help due to victimization. As a service provider there are additional considerations to be mindful of to make a culturally specific survivor feel more comfortable. Learn how "minor" things can make a major difference for culturally specific survivors.

Afternoon Breakout Session Choice 3

Somatic Trauma Responsive Strategies for Post Traumatic Growth: How our Nervous System Impacts Us

Presented by Amy Stenger-Sullivan, LPCC-S, Founder and Owner of Rooted Compassion Counseling and Consulting, Keri Perdrix, CT, Licensed School Counselor, and Kimber Andrews, CT

Trauma and its effects resulting from the pandemic, racism and increased socioeconomic divisions are being experienced at higher levels. Marginalized populations have felt the effects at very high levels. In this program we will explore the impacts on our nervous systems, which is where trauma is experienced first and often implicitly. Learners will gain practical knowledge and skills to deepen healing and recovery.



Register Today!

\$50 - 6 CE's for Ohio Counselors
and Social Workers

