



CLINTONVILLE  
COUNSELING & WELLNESS

# Serving LGBTQ People: The Basics

Presented by Jess Homan, LISW-S of Clintonville Counseling and Wellness

## Two-part training on June 17th and 24th

Live Virtual Training via CE-Go

This training targets clinicians who would like to have a better understanding of the LGBTQ community by learning about language and concepts, assessment skills, and medical and mental health issues specific to the LGBTQ community. This training also aims to take a deeper look at how age, culture, race, and intersectionality impact the LGBTQ population, specifically regarding trauma and suicide.

This is 6 hour continuing education training for \$130. This training is a two-part training, 3 hours each. Participants are required to attend parts 1 and 2 to obtain continuing education credits.

To register to for this event, please visit:  
[www.clintonvillecounselingandwellness.com](http://www.clintonvillecounselingandwellness.com)

Clintonville Counseling and Wellness maintains responsibility for this program and its content. Clintonville Counseling and Wellness is approved by the state of Ohio Counselor, Social Worker and Marriage and Family Therapist board as a continuing Professional Education Provider for Counselors and Social Workers Only (#RCS012001).

For questions regarding this program and its content, please contact April Cunningham, LPCC-S at [april@clintonvillecounselor.com](mailto:april@clintonvillecounselor.com).

# Objectives

## Part 1:

- Identify the difference between sex assigned at birth/biological sex, gender identity, gender expression, and attraction.
- To become more familiar with gender inclusive terminology including gender non-conforming (GNC) terms and concepts.
  - Gain a better understanding of the Trans\*/GNC/NB population, and of the transition process, including medical intervention, changes in gender expression, and the process of coming out.
- To become familiar with the LGBTQ aging population, how generational experiences impact them, including medical and mental health disparities.

## Part 2:

- Increase basic understanding of different behavioral health diagnoses related to LGB individuals and transgender individuals.
  - Increase tools for assessment regarding LGBTQ individuals.
- Become more familiar with LGBTQ health disparities. Understand how minority stress and intersectionality impact behavioral and medical health.
- Have a good understanding how intersectionality impacts identity and inequity, can identify how examples systematic discrimination impacts the LGBTQ Community.
- Identify practices and processes to make medical and mental health spaces LGBTQ inclusive.

# Agenda

## Part 1: June 17th from 2:00pm-5:00pm

2:00pm-3:30pm: LGBTQ 101

3:30pm-3:45pm: Break

3:45pm-4:00pm: Discussion, Q&A

4:00pm-5:00pm: LGBTQ People and Aging

## Part 2: June 24th from 2:00pm-5:00pm

2:00pm-3:30pm: Medical and Mental Health in LGBTQ People

3:30pm-3:45pm: Break

3:45pm-5:00pm: Medical and Mental Health in LGBTQ People Continued, discussion

**Jess Homan** received her BA in Sociology in 2007 from Bowling Green State University and her Masters in Social Work from The Ohio State University in 2013. The majority of her social work career has been dedicated to developing an LGBTQ program at the VA and serving LGBTQ Veterans. She was the LGBTQ Veteran Care Coordinator Lead for the VAs in Michigan, Ohio, and Indiana. Jess also developed a 3 day LGBTQ education program that was spread to 15 VAs, nationwide. Her article "The Importance of Assessing Sexual Orientation and Gender Identity in a Health Care Setting: An emphasis on LGBTQ veterans" was published in NASW's Health publication, as well as their Social and Economic Justice and Peace Publication. Jessica has presented at international and national conferences on LGBTQ issues.