



Addressing Stigmas and Disparities in Minorities with Substance Use Disorder - Train the Trainer

Friday, September 25, 2020 1:00 – 3:00 p.m.

**** FREE TO ALL OHIO COUNSELORS !! ****

Presented by the Ohio Substance Use Disorders Professionals Interest Group

THIS EVENT IS FREE AND APPROVED FOR 2 GENERAL CEUs from the OCSWMFT Board

There is a strong stigma attached to substance use disorders which may prevent minorities from seeking help. The effects of stigmas are worse for racial and/or ethnic minorities compared to racial and/or ethnic majorities since the former often experience other social adversities such as poverty and discrimination within policies and institutions (Eylem, de Wit, van Straten, et al. 2020).

This workshop will introduce a promising practice a community education protocol developed by the National Institute on Minority Health and Health Disparities (NIMHD) to increase awareness of mental health issues experienced by African American males and females to encourage these individuals to seek help for their problems, entitled: Brother, You're On My Mind (BYOMM). This educational tool kit provides materials help to introduce the conversation about substance use disorders (SUD'S) and normalizes addiction in terms that can be acceptable for minorities without causing more shame.

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www.ohiocounseling.org/event-3969974

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This workshop discusses common beliefs among minority groups that prevent one from seeking help for their SUD's. We will also discuss ways to introduce the conversation to specific minority groups including what to say and what not to say. This workshop will provide risk factors of substance use disorders among minorities. This workshop will introduce educational handouts that address physical, and emotional signs, symptoms, and causes, that perpetuate ongoing substance use disorders among minority groups.