

Xavier University
Department of Counseling
ATTN: Michelle Sanneman
3800 Victory Parkway
Cincinnati, OH 45207

Xavier University
Department of Counseling
Presents:

**Integrating Cultural
Humility into Trauma
Informed Care**

51st Annual Conference

**9 Total CE's
NBCC Approved
(Includes 3 Ethics CE's)**

January 5th and 6th, 2024

CONFERENCE LOCATION

The conference will be conducted on campus.

The conference takes place at the Health United Building (HUB) on Xavier University's campus. Preferred parking is in Smith Hall Parking Lot.

For a map of Xavier University, please visit:

<http://www.xavier.edu/about/documents/campusmap.pdf>

CONTINUING EDUCATION CREDIT

Xavier University will be providing 9 counselor CE credits through NBCC for this workshop. Xavier University, Department of Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 3079. Programs that do not qualify for NBCC credit are clearly identified. Xavier University, Department of Counseling is solely responsible for all aspects of the programs.

REGISTRATION QUESTION/REFUNDS

Full refunds are available upon request up until December 31, 2023. No refund requests will be accepted after this date. Contact Michelle Sanneman at 513-745-2953 for more information about refunds or questions concerning registration.

GRADUATE CREDIT

1 semester hour of graduate credit is offered through Xavier University as an alternative to CE's. Additional coursework (e.g., reading and a paper) will be required in addition to attendance at both full days of the conference. Those seeking graduate credit must pay tuition to Xavier University but there are no additional conference fees. Individuals registering for graduate credit will receive additional course information at the conference. Graduate tuition and course registration can be submitted on the day of the workshop. For more information about XU graduate credit, please contact graduate services at (513)745-3360. Course name: Integrating Cultural Humility Counseling (COUN 521).

Friday, January 5, 2024

12:00-1:00pm Registration

1:00-4:15pm

Enhancing Ethical Practice Through Cultural Competence & Cultural Humility: Implications for Trauma-Informed Supervision – Tahari Dari

4:15-6:00pm – Networking Reception

Saturday, January 6, 2024

8:15-8:45am– Registration & Sign-In

Please log in early for us to register your attendance.

8:45am –Noon

Integrating Cultural Humility into Trauma-Informed Care – Tahari Dari

12:00-1:00pm- Lunch

1:00pm.-4:15p.m.

Implications for Counseling Practice – Tahari Dari.

4:15 Closing remarks

Friday

Enhancing Ethical Practice Through Cultural Competence and Cultural Humility: Implications for Trauma-Informed Supervision

Clinical supervision aims to support the ongoing development of supervisees and, in turn, to protect client welfare and improve quality client/student care. Supervisors are tasked with monitoring and advancing their supervisees' skills and abilities. Because clinical mental health and school counselors serve an increasingly diverse client/student population, multicultural competence and cultural humility are important clinical skills essential to providing ethical counseling services. This development begins in supervision, which can support new practitioners as they build their cultural competence. By applying the principles of trauma-informed care to supervision, supervisors can more effectively and ethically support their supervisees through this process. This session will discuss the implications of trauma-informed supervision practices for supervisors, supervisees, and clients/students, with a focus on cultural competence and cultural humility.

Saturday

Saturday

Integrating Cultural Humility into Trauma-Informed Care: Implications for Counseling Practice

Both cultural humility and trauma-informed care offer distinct, yet compatible, frameworks for offering more effective and ethical counseling. While cultural humility involves respect for and curiosity about other cultures, openness to difference, and a dedication to self-reflection about one's own biases and social position, trauma informed care entails safety, trustworthiness, choice, collaboration and empowerment. This workshop will focus on integrating the core tenets of cultural humility into our counseling practice within a TIC framework. Bringing these approaches together helps promote resilience and growth among counseling clients and students, and supports the implementation of current best practices in the field. This interactive session will include group activities and will outline practical interventions and resources at the intersection of TIC and cultural humility, with implications for cultural competency, professional development, and advocacy work.

Presenter

Tahani Dari is an Assistant Professor of Counseling in the Department of Counseling & Addiction Studies at the University of Detroit Mercy, and the practicum coordinator at the Detroit Mercy Counseling Clinic which provides individual and group counseling to members of the local community. She holds a Master's degree in Counseling and a PhD in counselor education and supervision. She is dually licensed, Licensed Professional Counselor (MI) and Licensed School Counselor K-12 (MI). Dr. Dari has experience working with individuals for general and trauma specific counseling (both in clinical and school setting), and is regularly invited to speak to professionals on cultural humility. She also provides clinical supervision to counseling trainees, and offers professional development in diversity and inclusion training, various mental health topics, and community-based participatory research.

**Integrating Cultural Humility into Trauma-Informed Care
Registration Form**

Name _____

Employer or Affiliation _____

Street Address _____

City _____ State _____ Zip _____

Email: _____

LICENSE NUMBER: _____

This is required for all licensed clinicians to receive CEs.

(Please list all numbers in your licenses, for example: E.0008165)

Registration Type (Check one):

<input type="checkbox"/>	On-Campus Full Conference	\$150.00
<input type="checkbox"/>	On-Campus Full Conference *School Counselor Supervisors	\$75.00
<input type="checkbox"/>	On-Campus Saturday Only	\$125.00
<input type="checkbox"/>	On-Campus Friday Only	\$75.00

**Make checks payable to:
Xavier University**

**Mail to:
Xavier University
Department of Counseling
ATTN. Michelle Sanneman
3800 Victory Parkway
Cincinnati, OH 45207**

*School Counselor supervisors receive half off registration.

Lunch Saturday:

Registrants for all 9 hours or only Saturday for 6 hours receive a complimentary boxed lunch on Saturday. Please select your preference:

- (1) Turkey Breast and Provolone
- (2) Ham and Swiss Cheese
- (3) Grilled Veggie Wrap

Method of Payment __ (1) Check __ (2) Credit Card [see below] __ (3) Purchase order [attach copy]

**For Credit Card Payments
Register online at:
<https://commerce.cashnet.com/COUNWWPAY>
Xavier University
Department of Counseling**